BMIMC Cookbook hot off the press!

The first edition of the Centre's cookbook is now available. It features close to 100 vegetarian recipes from our test kitchen, including many retreat favourites plus contributions from our volunteer cooks. There are sections on European food, Asian food, Indian food, Middle-Eastern food, Mexican food, Soups and Desserts, plus information about menu-planning, cooking for large numbers and cooking for people with gluten intolerance. We have given quantities for either 6 or 24 people, so you can cater for small dinner parties or larger events.

Sample recipes include: Roast Tomato, Fetta & Olive Tart with Rice Crust, Braised Chinese Mushroom & Tofu Hot Pot, Vietnamese Rice Paper Rolls, Egg & Asparagus Kofta Curry, Middle-eastern Vegetable Stew with Couscous & Harissa, Beetroot & Orange Soup, Chinese Eight Varieties Soup, Gluten-free Orange & Almond Cake, Lemon Tart ...

To keep costs low, the format is A4 black and white photocopy (100 pages), comb-bound with plastic covers.
To order a copy, please fill in the form below and mail or fax it with your payment (cheque, money order or credit card) to:

BMIMC, 25 Rutland Road, Medlow Bath NSW 2780
ph/fax 02 4788 1024

Lucy Adcock (assistant manager) in cooking mode, with volunteers Markus Lanz and Graham Byrne

COOKBOOK ORDER FORM

I would like to order ____ copies of the cookbook @ $15 each $_____

plus postage (see below for postage costs) $_____

TOTAL enclosed (or to be debited): $_____

Authorisation to debit my credit card (Visa, Mastercard or Bankcard only):

Credit Card no: | | | | | | | | | | | | | | | | Expiry: .....

Credit Card name: ..... Signature: .....

☐ I will pick up the cookbook from BMIMC ☐ I have included postage costs. Please mail it to:

Name	
Street	
Town	State
Postcode	Country

Postage Charges:	**1 book**	**2-5 books**
Australia-wide	$3.00	$7.50
Overseas - Asia Pacific	$7.00	$10.00
Overseas - Rest of World	$10.00	$15.00